



## **MONEY FOLLOWS THE PERSON DEMONSTRATION PROVIDER BULLETIN**

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### **OVERVIEW OF MONEY FOLLOWS THE PERSON**

Missouri's Department of Social Services, MO HealthNet Division is one of the first of seventeen state agencies to be awarded the Money Follows the Person Demonstration Grant authorized under the Deficit Reduction Act. The overall goal of this initiative is ***"to support Missouri citizens who have disabilities and those who are aging to transition from institutional to quality community settings that are consistent with their individual support needs and preferences"***. This initiative will enhance existing efforts to transform the long-term support system that provides services for people with disabilities and will result in an increased use of home and community-based services. As a result of this five-year demonstration the state will:

- Transition a minimum of 250 individuals who have physical or developmental disabilities and those who are aging from state Habilitation Centers and Nursing Facilities to the community.
- Eliminate barriers that prevent individuals currently residing in state institutions from accessing needed long-term community support services.
- Improve the ability of the Missouri Medicaid program to continue provision of home and community based long-term care services to individuals who choose to transition from institutional to community settings following this demonstration.
- Ensure procedures are in place to provide for continuous quality improvement in long-term care services.

The Money Follows the Person Demonstration will build upon the foundation of Missouri Care Options, which was created in the early 1990s to enable the State of Missouri to enhance the integrity, independence, and safety of Missouri's older adults and individuals with disabilities. The primary goal of Missouri Care Options is to enable individuals to remain in their homes. Missouri Care Options has been lauded nationally for diverting tens of thousands of individuals from entry into nursing facilities in Missouri since the inception of the program. The Money Follows the Person Demonstration also builds upon the work of the Department of Mental Health (DMH) to enable individuals with developmental disabilities to be fully integrated in communities with maximum independence. The DMH Division of Mental Retardation and Developmental Disabilities has enabled over 400 individuals with developmental disabilities to transition from state habilitation centers into community-based settings since 1999.

Individuals may be eligible to participate in the Money Follows the Person Demonstration if they have resided in a nursing facility or State habilitation center for at least 6 months, and have been Medicaid-eligible for at least one month during their residency in the facility. In addition, they must meet all current eligibility guidelines for home and community based services.

Staffs of Medicaid provider organizations that are responsible for developing care plans and discharge plans are encouraged to discuss home and community-based options with their patients. Referrals should be made to the Division of Senior and Disability Services for individuals who express interest in leaving nursing facilities and returning to the community. To make a referral on behalf of an individual residing in a nursing facility, phone the Division of Senior and Disability Services hotline at 1-800-235-5503. The information will be relayed to DSDS staff who will initiate the transition planning process. Once eligibility for participation in the Money Follows the Person Demonstration has been determined, DSDS staff will prior authorize home and community-based services from a qualified provider chosen by the individual and will coordinate and oversee all activities necessary to enable the individual to return to and remain safely in the community.

### **HOME AND COMMUNITY-BASED SERVICES AVAILABLE IN MISSOURI**

Home and Community-based services (HCBS) for individuals with physical disabilities or who are aging are administered by the Division of Senior and Disability Services (DSDS). Home and community-based services for individuals with developmental disabilities are administered by the Division of Mental Retardation and Developmental Disabilities (DMRDD). The DSDS and DMRDD are required by statute to determine eligibility for HCB services, to develop a person-centered service plan for ensuring that people have freedom of choice of living arrangements and HCB service providers, for prior-authorizing qualified HCB providers to deliver services, and for ensuring health and safety in the community.

Following is a brief description of the services available for individuals who transition from Medicaid-certified nursing facilities or state habilitation centers to the community.

**State Plan Services:** There are a variety of state plan Medicaid services available to provide needed community supports and services. The following table provides an overview of these services.

<b>State Plan Services</b>
Adult Day Health Care (full day)
Adult Day Health Care (1/2 day)
Advanced Personal Care
Authorized Nurse Visits
Basic Personal Care
PACE (Program of All-Inclusive Care for the Elderly is only available in certain areas of St. Louis)
Personal Care Assistance (Consumer Directed)
Community Psychiatric Rehabilitation Program (CPR)
Targeted Case Management

**Medicaid Home and Community Based 1915(c) Waivers:** A summary description of the current wide array of options under the Medicaid Home and Community Based Waivers in Missouri are listed below. Three of these waivers, the Comprehensive MRDD, Aged & Disabled, and Independent Living Waivers will provide a major portion of the HCB long-term care services. Following are the definitions of some of the most common services:

**Residential Habilitation:** Services to provide care, skills training in activities of daily living, home management, and community integration. Services can be offered in licensed, certified, or accredited group homes, residential centers, or semi-independent living situations.

**Individualized Supported Living (ISL):** A non-facility form of residential habilitation that provides support and training services to an individual in the individual's own residence. Individuals may live alone or with their families or may share living arrangements with others. When living arrangements are shared, no more than 3 individuals with disabilities may reside together and qualify for ISL services.

**Day Habilitation Services:** Services to enable individuals to achieve optimal physical, emotional, sensory and intellectual functioning. Services include training families in treatment, intervention and support methodologies. Services are provided to individuals or to groups and provided either on-site, at the day program or off-site, in the individual's home or community.

**Therapies:** A variety of therapies are available through the MRDD Waiver including physical, occupational, speech, and behavioral therapy.

**In-Home and Out-Of-Home Respite Care:** Services provided to individuals unable to care for themselves, on a short-term basis, because of the absence or need for relief of those persons normally providing the care.

**Supported Employment:** Work in an integrated setting with on-going support services.

**Transition Services:** Individuals transitioning from an institution may access transition services to cover necessary costs including security deposits, household items, and supplies.

**Personal Assistant Services:** Assistance with any activity of daily living (e.g. grooming, meal preparation) or instrumental activity of daily living (e.g. shopping, banking, recreation).

In addition to these services other services provided include transportation, environmental accessibility adaptations, specialized medical equipment and supplies, crisis intervention, community specialist services, communication skills instruction, support broker, and counseling.

A guide to home and community-based services in Missouri is available on the Missouri's Governor's Council on Disabilities Web site at [www.gcd.oa.mo.gov/PIC/ServicesPamphlet](http://www.gcd.oa.mo.gov/PIC/ServicesPamphlet).

State regulation 19 CSR 30-88.010(9) requires that nursing facilities provide information regarding home and community-based services to each resident prior to or upon admission to the facility. Each prospective resident or each resident, or his or her next of kin, legally authorized representative or designee shall be provided a copy of the Missouri Guide to Home and Community Based Services in order to fulfill this requirement.

**Provider Bulletins** are available on the MO HealthNet Division (MHD) (Formerly the Division of Medical Services) Web site at <http://dss.mo.gov/mhd/providers/pages/bulletins.htm>. Bulletins will remain on the Provider Bulletins page only until incorporated into the [provider manuals](#) as appropriate, then moved to the Archived Bulletin page.

**MO HealthNet News:** Providers and other interested parties are urged to go to the MHD Web site at <http://dss.missouri.gov/mhd/global/pages/mednewssubscribe.htm> to subscribe to the electronic mailing list to receive automatic notifications of provider bulletins, provider manual updates, and other official MO HealthNet communications via E-mail.

**Mo HealthNet Managed Care:** The information contained in this bulletin applies to coverage for:

- MO HealthNet Fee-for-Service
- Services not included in MO HealthNet Managed Care

Questions regarding MO HealthNet Managed Care benefits should be directed to the patient's MO HealthNet Managed Care health plan. Before delivering a service, please check the patient's eligibility status by swiping the MO HealthNet card or by calling the Interactive Voice Response (IVR) System at 573-635-8908 and using Option One.

**Provider Communications Hotline**  
**573-751-2896**